



# **FITNESS POINTE MEMBER SAFETY GUIDELINES**

For the safety of everyone (members and staff), all members must comply with the following Member Safety Guidelines:

1. Stay home if you have a temperature that exceeds 99.5 or have a recent cough, shortness of breath, runny nose or sore throat.
2. Strongly consider wearing a mask in Fitness Pointe at all times while not performing exertive exercise.
3. Follow directional signage for traffic within the building on stairways, hallways, elevator, etc.
4. Maintain 6 feet of physical distancing when possible throughout the building.
5. Sneeze or cough into your inner elbow.
6. Wipe off the equipment with gym wipes before and after each use.
7. Place towels in the dirty towel bin after use.
8. Follow all signage stating space capacity limits including pools, whirlpools, group exercise studios, personal training studios, Pilates Pointe, vending and common areas.
9. Use Fitness Pointe's online or call in scheduler when offered to reserve a spot in Group Exercise classes.
10. If facility capacities require, use the facility online or call in scheduler to reserve a time to enter and use the facility. Members will be notified if this procedure is required and implemented.

Your check-in to the facility serves as your agreement to follow all facility guidelines or risk loss of facility use privileges. These guidelines are in addition to all other guidelines in place for membership use.

Your check-in also serves as your release of Fitness Pointe from liability related to COVID-19.

**THANK YOU FOR YOUR COOPERATION**

