



FITNESS POINTE IS READY TO OPEN

To all our loyal members: Thank you for your patience over the past three months. We have been working hard to prepare for your safe return to Fitness Pointe. We would like to share some information to make your return as easy as possible.

Safety First - To increase the health and safety of our members and staff

- Members and staff are to stay home with a temperature above 99.5 or a recent cough, shortness of breath, runny nose or sore throat.
- All staff will have their temperature and symptoms checked upon arrival.
- All staff will wear a mask while they are working except Group Exercise instructors.
- Members are strongly encouraged to wear a mask in the facility when not performing exertive exercise.
- Equipment and traffic patterns have been spaced to help maintain physical distancing.
- Hand sanitizer is available throughout the building.
- Members are asked to clean their equipment with Gym Wipes before and after each use.
- Staff will perform regular sanitizing of equipment and frequently touched surfaces throughout the day.
- Sanitizing will be performed daily after closing time.
- During the initial reopening, members will not be allowed to bring guests.

Your Membership and Options

As you recall, most of you received a credit on your account for the second half of March, which will be applied to new membership charges moving forward.

- Upon your return in June, we will charge your account a prorated charge for the rest of the month.
- All members will be billed your regular monthly charge starting in July and that charge will be reduced by any credit you have on your account.

Facility Hours

- MONDAY-FRIDAY 5 am-8 pm
- SATURDAY-SUNDAY 7 am-5 pm

Adjustments in hours will be reviewed based on utilization.

Facility Changes

During our Phase 1 reopening on June 15, you will see some changes to our facility for the health and safety of our members and staff:

- Sneeze guards are in place at transaction points to help maintain member and staff safety.
- Members scan in their own membership cards to enter. Locker cards will be in the lockers.
- Traffic patterns with directional signage will prompt you to use the north stairway by the cycles to go down to the lower level and use the stairs by the elevator to go back up to the main level.
- Cardio, weight machines and free weights are available with equipment spaced and some equipment 'out of service' to help maintain 6 ft of physical distancing.
- Indoor track is open for walking.
- Personal training services are offered while limiting numbers in the training areas.
- Only water fountains with bottle fills are available. Please bring your own water bottle or purchase one from the vending machine.
- The basketball court is closed with exercise machines moved to the court.
- Locker rooms have limited lockers available in each row to allow physical distancing.
- During our initial reopening, countertop amenities are unavailable. Please bring your own toiletries.
- Steam rooms and saunas continue to be closed during Phase I reopening.
- Caregiver locker rooms are open only for Physical Therapy patient use.
- The pools and whirlpool have capacity limits and are projected to open June 29.
- Childcare services are not available during the initial reopening on June 15.
- Group Exercise classes are scheduled to begin on July 6 with a limited schedule. This will allow for more time between classes to enter and exit the space and disinfect the equipment. Class sizes are limited to allow for spacing and members will be required to reserve a spot in a class by using our online scheduler or call in. Details on the scheduler procedure and rules will be provided.
- Please use the Higi machine in our vending area to check your blood pressure. Blood pressure checks by staff will only be done in emergency situations.
- We request that you make purchases with a credit card when possible to reduce the need to handle paper money.
- Please view our Virtual Facility Tour at fitnesspointe.org to see the facility features.